

Frequently Asked Questions about HydraSonic™ Ultra-Purified Crystalline Water

What Makes HydraSonic™ Ultra-Purified Crystalline Water Unique?

Emerald Earth LLC is pleased to be the exclusive global manufacturer of the first of its kind for the home and office delivery business: *crystalline water that is ultra-pure and pH neutral!* The only other place that you would find this quality of water would be clean, pure rainwater, which expert studies tell us is the healthiest and best hydrating of all drinking waters!

HydraSonic™ Ultra-Purified crystalline water has been tested and verified by an Independent Laboratory for its ultra-purity, pH neutrality and it being non-corrosive water!

Discover the exceptional health benefits of **HydraSonic™** crystalline water that is:
ULTRA-PURE • pH NEUTRAL • NON-CORROSIVE

- *Total TDS is under .001 PPM
- *pH average of 7.0
- *Non-corrosive
- *Emulsifies fat very quickly
- *Holds more oxygen
- *Lower surface tension that delivers nutrients & oxygen faster
- *High solubility-the ability for products to dissolve more completely

What exactly is crystalline water?

Water is the only liquid substance that forms crystals—as seen in snowflake images. These water crystals are what make H₂O molecules unique in producing the “vital energies” which sustain all living organisms. Nature is continuously producing the highest quality of fresh water through a recycling design of evaporative distillation, solar revitalization, and condensation. This highly energized water is commonly referred to as “hexagonal water” because of its six-sided crystal structure. These water crystals are indicators of the water’s vital energies. Most tap and filtered waters, however, are lacking in these vital energies due to their absence of crystal structure. Discover the “aliveness” of liquid crystal water; it’s like drinking pure melted snowflakes!

Why is crystalline water a healthier water to drink?

Water is more than just a combination of just one oxygen and two hydrogen molecules. When these molecules are stable, the angle of the hydrogen molecules is 104.5°. This angle allows the molecules to align and interconnect with each other in order to form a three-dimensional geometric sphere called a “dodecahedron”—what Buckminster Fuller called the “*building block of the universe*”. It is a combination of these twelve-sided symmetrical spheres that ultimately forms the beautiful water Crystal, which produce the high levels of energetic vitality sometimes referred to as

“Living water”. When water is filtered and purified, however, this 104.5° angle becomes unstable and the water crystals fail to form. Hence, these processed waters are clean, but are lacking in important vital energies that promote superior hydration and cellular nourishment.

Why is hydration so important for the health enthusiast?

Proper hydration is the most important component to our sustained health. Our bodies are comprised of over 70% water. Every system in the body depends on water. Water flushes the toxins out of the vital organs, carries nutrients to the cells, and promotes a moist environment for all tissues. Lack of sufficient quantities of water can lead to dehydration, which can drain our energy and ultimately lead to diverse health ailments. Fitness enthusiasts of every age need to drink healthy amounts of water because of their active and dynamic lifestyles. Numerous independent studies, such as those done by the World Health Organization, confirm that the healthiest and best hydrating waters are those which are “pure, clean, and pH neutral.” **Emerald Earth LLC** once in production of **HydraSonic™** will offer one of the only commercially available bottled water that is: ***ultra- pure, pH neutral crystalline water!***

How much water should we drink per day?

The Mayo Clinic recommends that men should drink roughly 3 liters (13 cups) of water per day and women should drink about 2.2 liters (9 cups) of water per day. The simple rule of thumb is to drink at least eight 8-ounce cups of water per day, which would be one-half gallon.

Are there simple ways to know if you are dehydrated?

Yes, there is a very simple way to detect if you are dehydrated. Watch the urine color. If your urine is yellow, you are dehydrated. In actuality, over 75% of Americans are chronically dehydrated, which means that they are dehydrated **all of the time!** Of the remaining 25%, many are dehydrated **most of the time.** When you are hydrated, the urine is much clearer and is only faintly yellow. Take the “**HydraSonic™** Challenge” and test for yourself. Watch how quickly the urine clears up and how much healthier you feel by being fully hydrated!

What about mineralized water?

The human body requires a total of 84 trace minerals for sustained health. Most of these minerals are found in Himalayan Pink salt, when mixed with water. There are specific conductive minerals called “electrolytes” (primarily sodium, potassium, chloride, calcium, and magnesium) which are important because these are what our cells use to maintain electrical impulses throughout the nervous system. When an individual exercises heavily, electrolytes are lost through pronounced sweating, particularly sodium and potassium. These electrolytes need to be replaced in order to keep the bodily fluids constant. What is important to understand is that these essential minerals and electrolytes need to be replaced through what are called “bioavailable” sources, which are easily absorbed into the cells. The best sources of bioavailable minerals are Himalayan Pink salt, fresh fruits and vegetables, nuts, dairy products and dietary supplements like Fulvic Ionic minerals. When electrolyte minerals are added to water, the FDA requires that there be no references to “improved health”, because there is no evidence that these mineral supplements actually do improve health. In most cases, the labels indicate that the electrolytes are “added for taste”. In particular, inorganic calcium and magnesium are the

primary ingredients that cause scale buildup in water lines and are what defines the hardness of water. Many studies are now verifying that calcium supplements, in particular, can be harmful and can potentially lead to heart disease due to “calcification” or hardening occurring in the arteries. Crystalline water performs the way that nature designed it to perform – by efficiently absorbing through the cellular membranes and transporting the essential nutrients, minerals, and electrolytes into the cells and flushing the harmful toxins out!

What is the significance of the pH factor?

When nature produces its pure, clean rainwater, the pH is normally between 6.8 and 7.2, which is in the neutral range. This means that virtually all living organisms are designed for pH neutral water— thus explaining why most fluids in our bodies are in the neutral range. Highly purified waters drop dramatically into acidic territory. And waters that are highly alkaline can also place a great deal of stress on the bodily fluids. Extremes in either direction can be detrimental to our general health and pure, clean water that is balanced and pH neutral!

What about the latest fad in ionized alkaline water?

Nature is continuously producing pure, pH-neutral fresh water. All living organisms are therefore designed to hydrate most efficiently with clean, pH-neutral waters. It is extremely rare to find highly alkaline water anywhere on the planet and this is usually due to subterranean waters passing through alkalizing mineral deposits. Naturally occurring alkaline water is an anomaly and there is no evidence whatsoever that there are any health benefits to drinking this unnatural, aberration of water. The highly acclaimed natural health practitioner, Dr. Joseph Mercola, did a thorough investigation into the optimum levels of the pH factor of drinking water and concluded, *“What you want is water that is clean, balanced, and healthful... Water that is too acidic or too alkaline can be detrimental to human health and can cause nutritional disequilibrium. Ideally, the pH of your water should be somewhere between 6.5 and 7.5.”*

Why haven't other Bottled Water Companies offered Crystalline Water?

Water molecules act much like a battery that requires recharging. In nature, when water is in its vaporous state as a cloud, the water molecules are recharged by specific frequencies of the sun. Conventional methods of revitalizing the water molecules, such as vortexing, crystal minerals, or magnets, have only a temporary effect on the water—generally between 10–30 minutes. Once the energetic source is removed from the water, it simply returns to its deadened, non-energized state. **Commit to be Fit Inc.** developed a proprietary natural method of energetic revitalization for water that maintains the permanent crystalline structure of water. **Emerald Earth LLC** is has the exclusive global manufacturing rights of **HydraSonic™** water and can license its use for select beverage companies anywhere in the world!

HydraSonic™ is the Next Generation of Human Hydration!

Information compliments of Emerald Earth LLC – <https://emalrdearthllc.com>